# MEGHALAYA FACTSHEET 2020



**DEVELOPED BY:** 



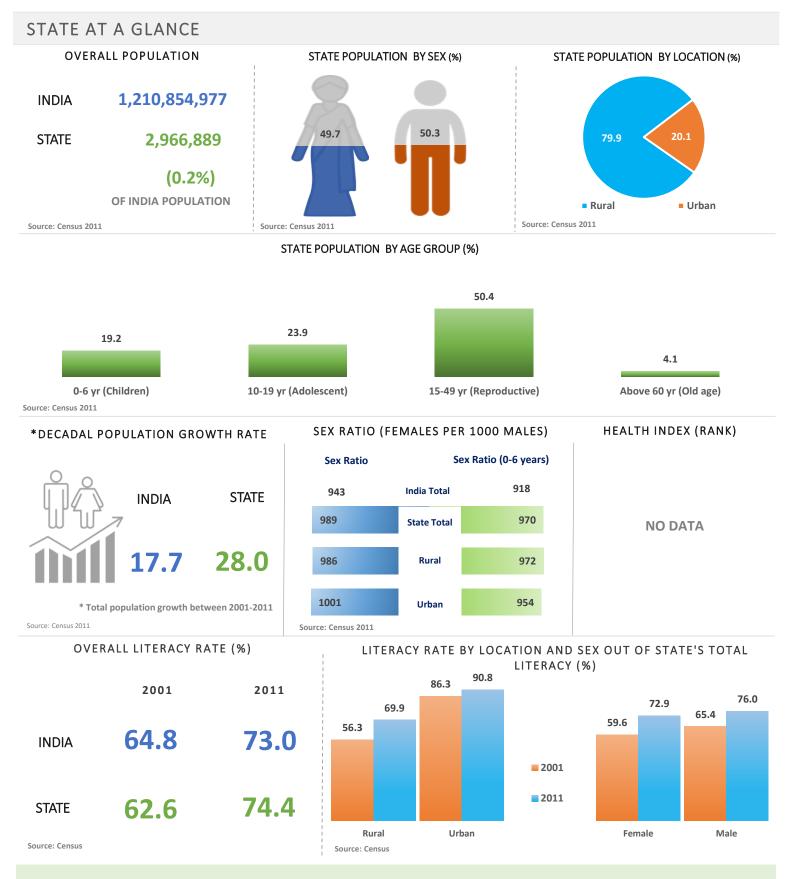
THE SECRETARIAT OF NATIONAL COALITION OF CIVIL SOCIETY ORGANIZATIONS

# BACKDROP

In India the civil society organizations have been experimenting and developing various community participation models but mostly its spread has been limited and operations remained in silos because of lack of platforms and alliances to highlight their works. Therefore, Oxfam India has set a national coalition for civil society organizations from 15 states in the country to bring certain macrolevel changes that can help to achieve the envisaged health, nutrition and women's economic empowerment outcomes through a common platform. It is believed that this platform will give a collective voice to the people and has the capacity to negotiate and influence the state for the necessary integration of health, nutrition and gender under the government flagship programmes like NRLM, NHM, ICDS and others. Oxfam India acts as an interim Secretariat for this coalition at the national level to provide necessary support for its effective functioning. As the thematic areas of work of this coalition are being looked through the lens of gender discrimination and social inclusion, emphasis is being given on Dalits, Adivasis and Muslims communities.

As evidence generation is one of the key strategies for functioning of this coalition, Oxfam India intended to develop a state factsheet for each of the target states to highlight health, nutrition and women empowerment related issues of the state.

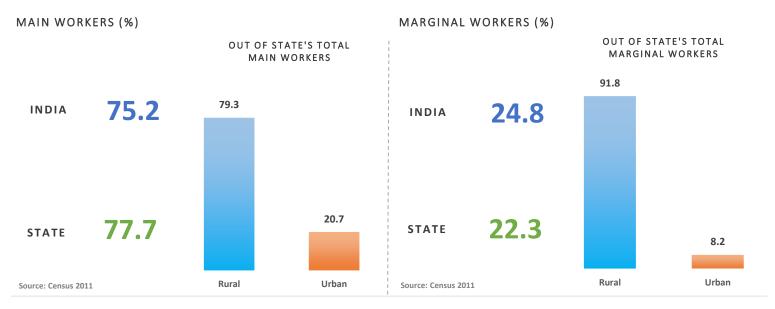
Only the important indicators related to health, nutrition and women empowerment have been included in this factsheet and presentation of segregated data is limited to only locations (rural & urban), caste categories (SC, ST, OBC & Others) and religious categories (Hindus & Muslims). As data for other religious categories are not available for all indicators for all sources, hence only two religious groups have been considered for the present analysis.



Nearly 80% of Meghalaya's population lives in rural areas.

• Around half of the state's population falls in the reproductive age-group.

• The decadal population growth rate is quite high in comparison to the national figure.



### ASPIRATIONAL DISTRICTS OF STATE WITH THEIR RANKS AS PER BASELINE\* CONDUCTED IN 2018

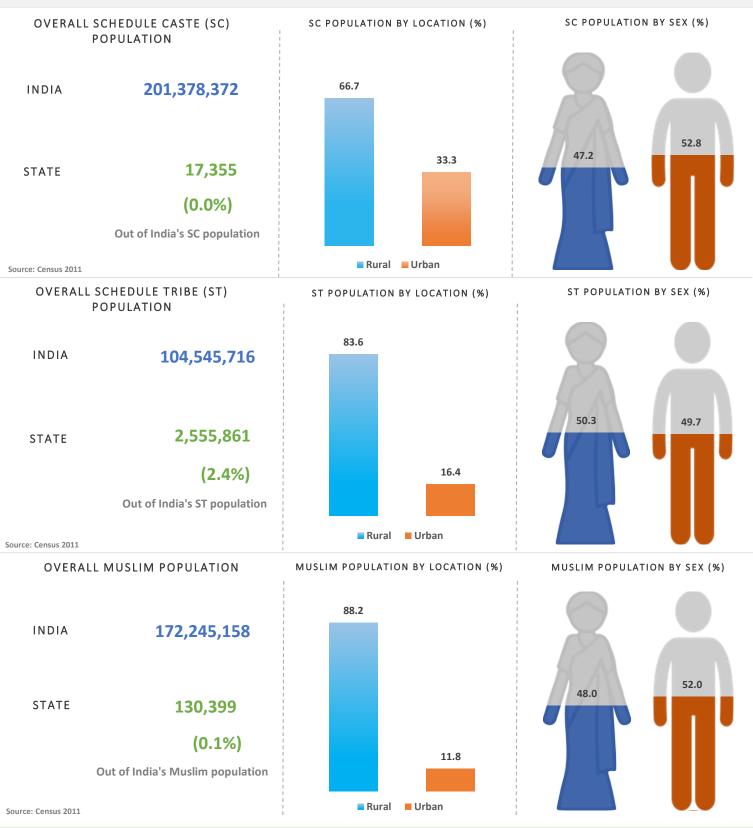
Name of the Districts	Composite Rank	Health Rank	Education Rank	Agriculture Rank			Basic Infrastructure Rank
Ribhoi	51	29	68	65	77	3	76

Source: Niti Aayog

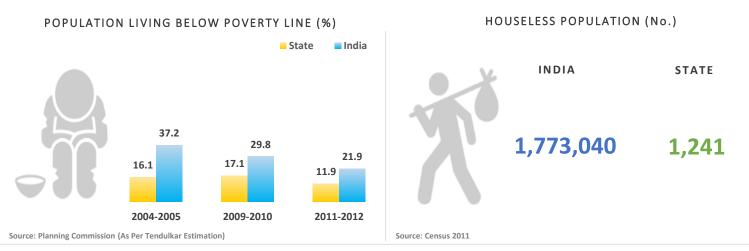
TOP 20 IN INDIA BOTTOM 20 IN INDIA

\*Total 115 districts have been identified as Aspirational Districts in India. But the ranks given in the table are based on the baseline conducted by NITI Aayog in 2018 for 101 Aspirational Districts only.

# PROPORTION OF VULNERABLE POPULATION



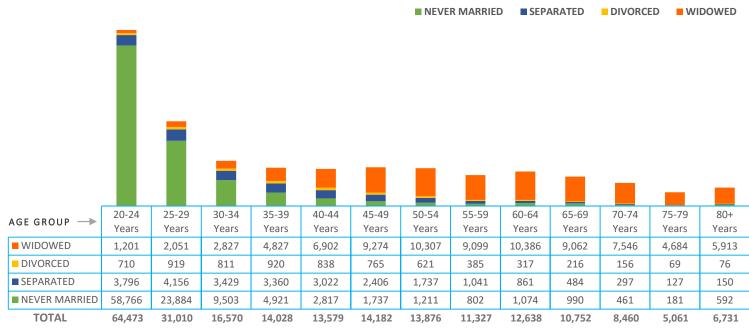
The entire Scheduled caste, Scheduled tribe and Muslim population of the state is primarily concentrated in the rural region with very little urban share.



NUMBER OF PARTICULARLY VULNERABLE TRIBAL GROUPS (No.)

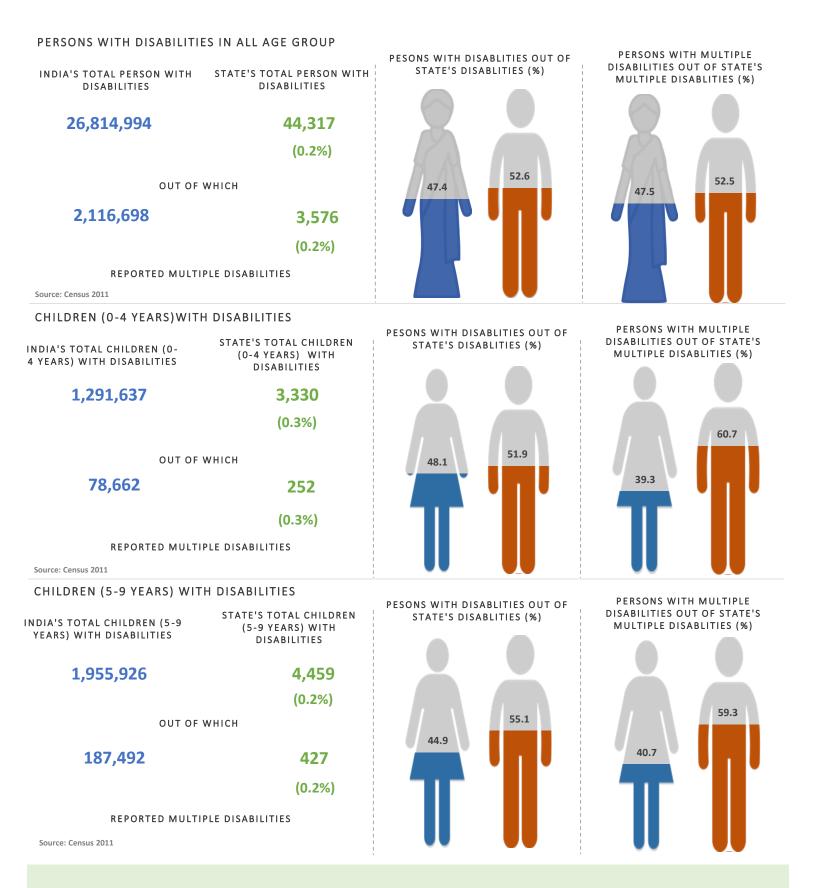
# **NO DATA**

AGE-WISE DISTRIBUTION OF SINGLE WOMEN (No.)



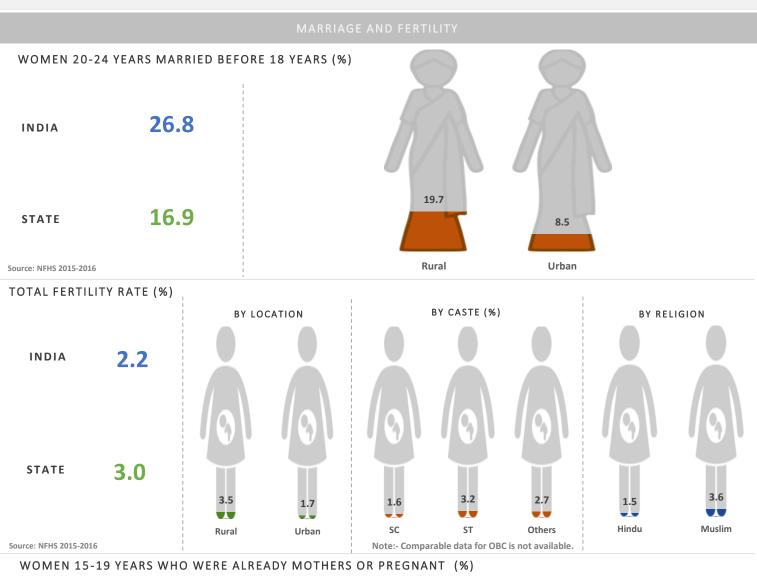
Source: Census 2011

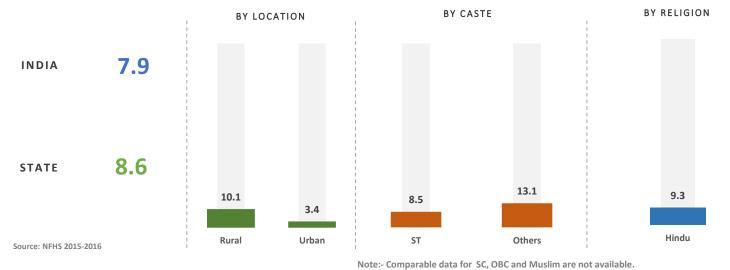
• The state has seen a decrease in BPL population over the years, though it has increase to some extent in 2009-10.



The prevalence of multiple disabilities is more among the boys in Meghalaya in comparison to girls.

# HEALTH AND NUTRITION

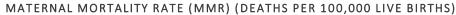




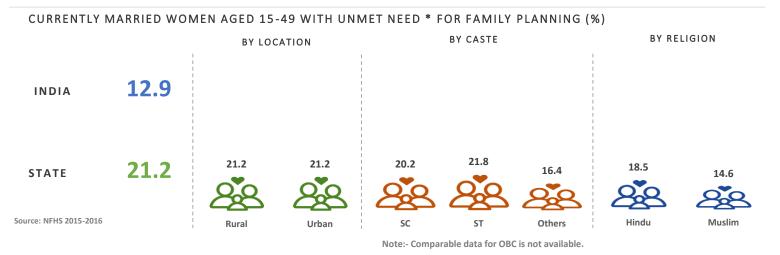
The Total fertility rate in Meghalaya is much above the replacement levels. Except for urban areas and the Hindu population, it is a cause of concern across the state.

• Teenage pregnancy is also quite high in the state, across all sections and areas.





# NO DATA



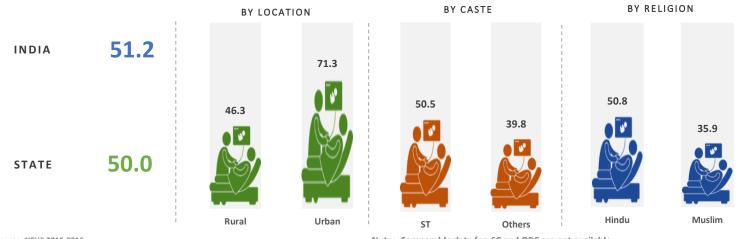
\* Unmet need for family planning is defined as the percentage of currently married women who either want to space their next birth or stop childbearing entirely, but are not using contraception.

• Child mortality rates (neonatal, infant and under-5), though less than the country figure, are on a higher trend, especially in rural areas.

 Prevalence of high unmet need across the population of Meghalaya signifies lack of access of contraceptives. Also, the TFR is also quite high in the state.

#### MATERNAL CARE

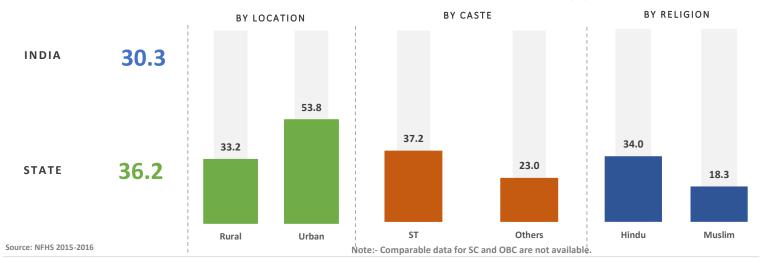
#### MOTHERS WHO HAD AT LEAST 4 ANTENATAL CARE VISITS (%)



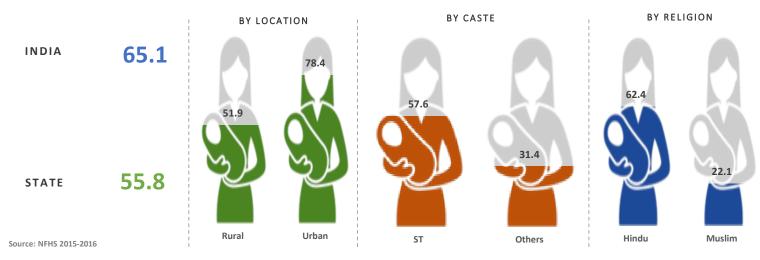
Source: NFHS 2015-2016

Note:- Comparable data for SC and OBC are not available.

MOTHERS WHO CONSUMED IFA FOR 100 DAYS OR MORE WHEN THEY WERE PREGNANT (%)



### MOTHERS WHO RECEIVED POSTNATAL CARE FROM ANY SKILLED HEALTH PERSONNEL WITHIN 2 DAYS OF DELIVERY (%)



Note:- Comparable data for SC and OBC are not available.

The state is a little better in ante-natal care indicators than the country but the condition of Muslim women are deplorable.

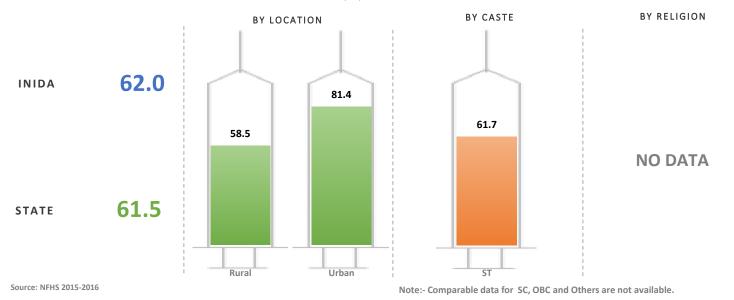
Post-natal care is an area of neglect with it being low across all groups but worse among the Muslims.

# **INSTITUTIONAL BIRTHS (%) BY RELIGION BY CASTE** BY LOCATION 86.4 88.1 INDIA 78.9 75.2 52.5 45.7 32 25.3 51.3 STATE SC ST Others Hindu Muslim Urban Rural Source: NFHS 2015-2016 Note:- Comparable data for OBC is not available. BIRTHS DELIVERED BY CAESAREAN SECTION (%) INDIA STATE

17.2 7.6 5.6 Rural Urban

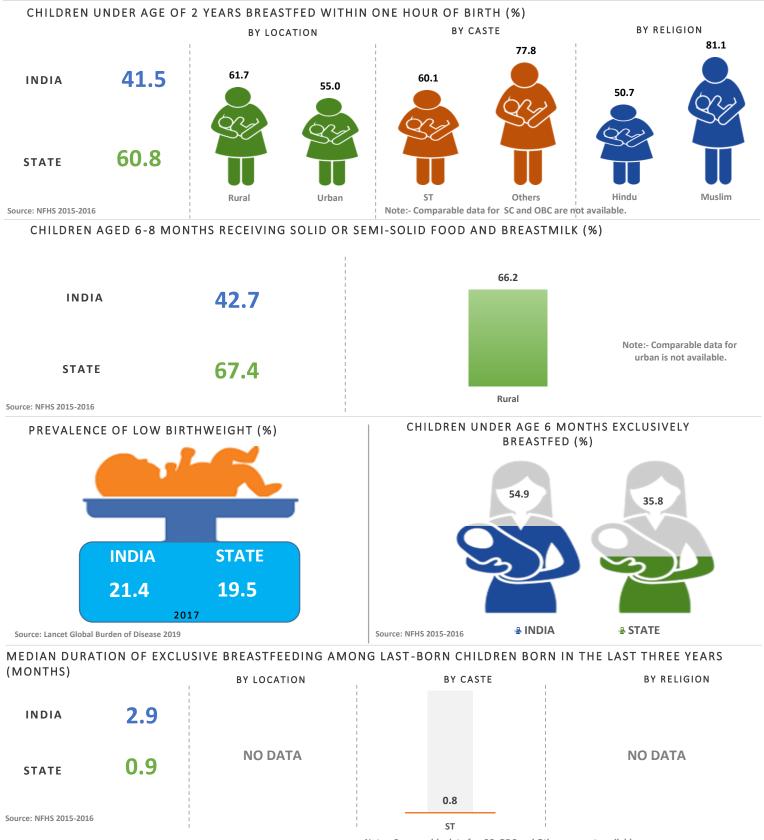
Source: NFHS 2015-2016

#### CHILDREN AGED 12-23 MONTHS FULLY IMMUNIZED (%)



The tremendous rural-urban divide in the state gets apparent in the indicators of institutional delivery and immunization. Also, the high disparity in institutional delivery between Hindu and Muslim population, with the latter being deprived of the benefit.

### CHILD FEEDING PRACTICES AND NUTRITIONAL STATUS



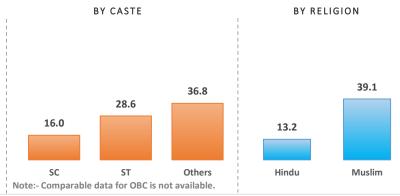
Note:- Comparable data for SC, OBC and Others are not available.

The state fares much better than the country in early initiation of breastfeeding and complementary feeding.

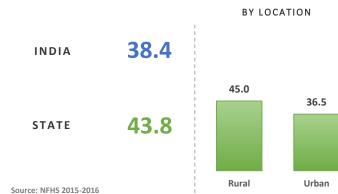
However, its performance in exclusive breastfeeding is appallingly low which is also highlighted in the median duration of exclusive breastfeeding
which is even less than 1 month for a new born child in Meghalaya. This requires urgent attention.

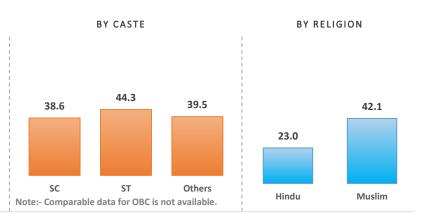
#### CHILDREN UNDER 5 YEARS WHO ARE UNDERWEIGHT (%)

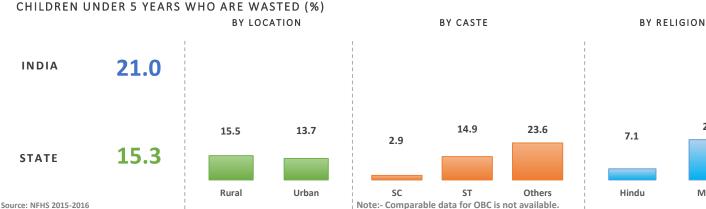




# CHILDREN UNDER 5 YEARS WHO ARE STUNTED (%)



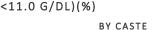




Source: NFHS 2015-2016

CHILDREN AGE 6-59 MONTHS WHO ARE ANAEMIC (<11.0 G/DL)(%)

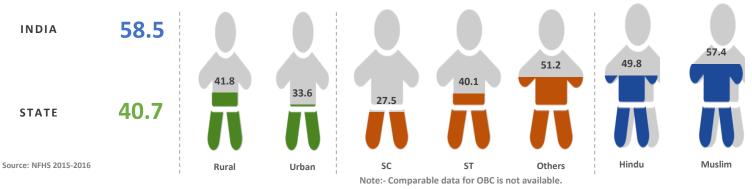
BY LOCATION



BY RELIGION

25.7

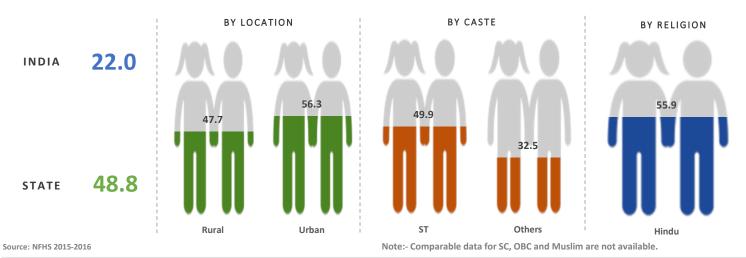
Muslim



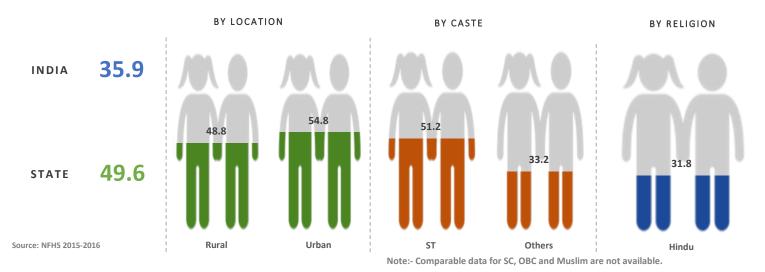
The state fares overall better than the country underweight and wasting indices. However, for all the 3 indices of child nutrition, the condition of the Muslim children are deplorable. Similar condition is noted in child anemia where highest anemia can be observed among Muslim children.

#### DIETARY DIVERSITY PATTERN

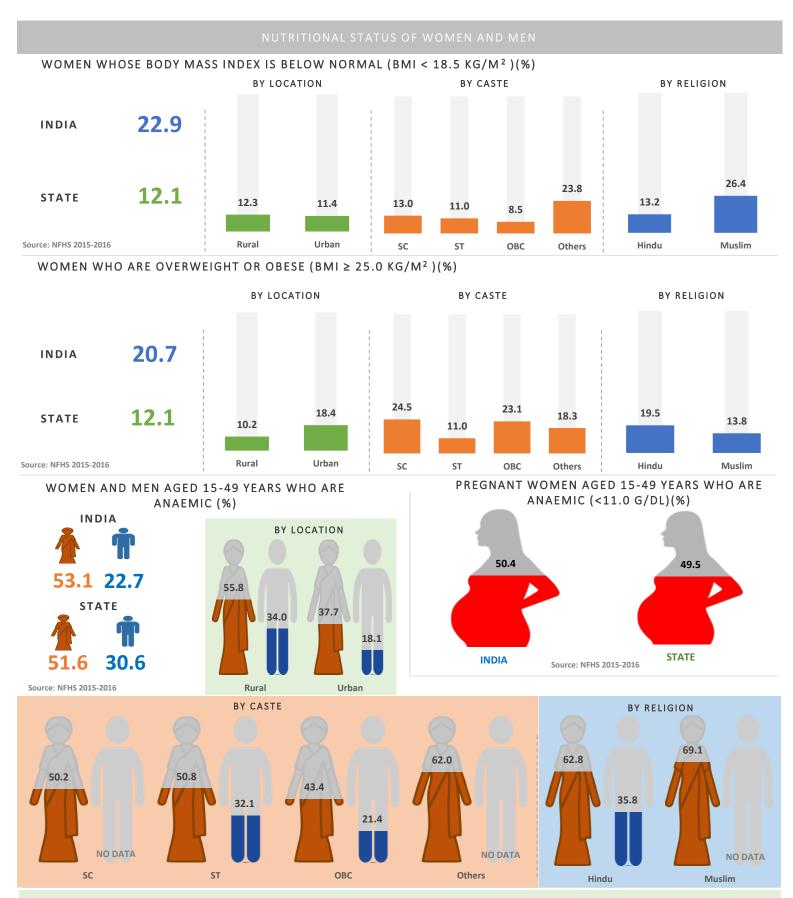
### 6-23 MONTHS CHILDREN FED 4+ FOOD GROUPS IN PAST 24 HOURS (%)



6-23 MONTHS CHILDREN FED MINIMUM MEAL FREQUENCY IN PAST 24 HOURS (%)

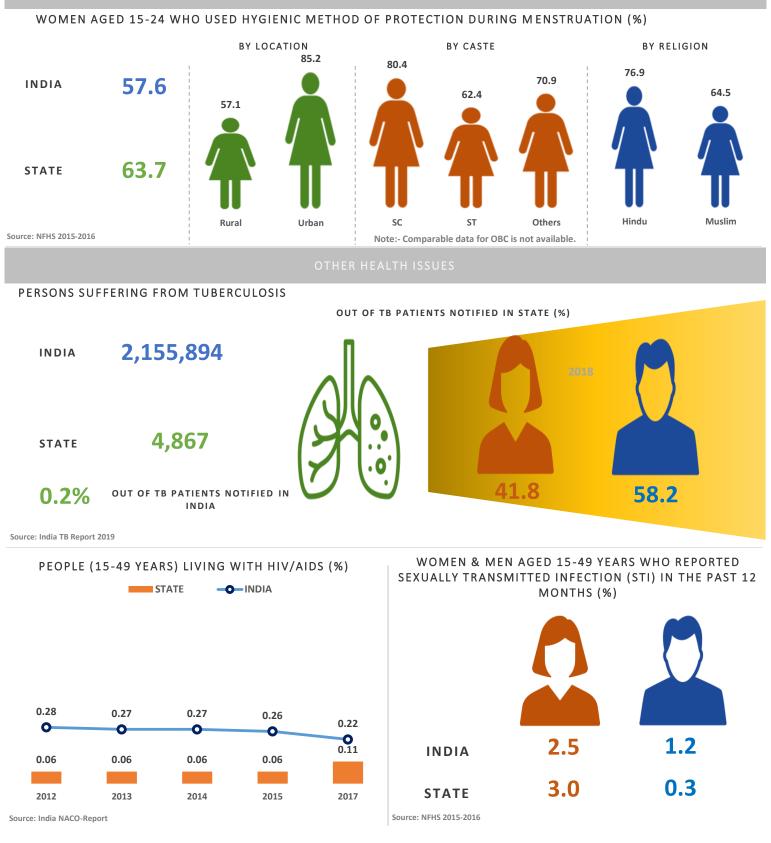


• The state's overall figures for dietary diversity are better than the country but owing to lack of comparable data, segregated figures for social and religious groups are not available and thus it is unable to ascertain the dietary diversity pattern of Muslim children who fare so poorly in the child nutrition indicators.



Here again the state fares overall better than the country with regard to nutritional status of adults. However condition of Muslims are deplorable here too with them having highest percentage of below normal BMI and also are most anemic in the state. Anaemia is a major concern both across the nation and state with around 50% of the women (pregnant and non-pregnant) with low haemoglobin count.

#### MENSTRUAL HYGIENE



Overall prevalence of using hygienic methods of protection during menstruation is better in the country, across all the groups. But still huge urban rural disparity continues.

• High prevalence of Tuberculosis among men is another concern.

#### GOVERNMENT HEALTH EXPENDITURE (% OF TOTAL HEALTH EXPENDITURE)

# OUT OF POCKET HEALTH EXPENDITURE (% OF TOTAL HEALTH EXPENDITURE)

# **NO DATA**

# **NO DATA**

#### AVERAGE OUT OF POCKET EXPENDITURE PER DELIVERY IN PUBLIC, PRIVATE AND ANY HEALTH FACILITY (RUPEES) BY CASTE BY RELIGION BY LOCATION 15,201 INDIA STATE 29,073 20,993 3,197 3,324 Public 17,620 9,111 18,242 16,522 18,987 Private 10.56 7,041 7,378 4,170 Any 7,935 7,195 3.414 2,915 3,347 869 Source: NFHS 2015-2016 ST Others Rural Urban Hindu Note:- Comparable data for SC, OBC and Muslim are not available.

Average expenditure for delivery in public and private facilities is much higher than the country figure. Also it is much higher in the rural areas for public facilities in comparison to urban areas.

# GOVERNMENT FLAGSHIP PROGRAMMES FOR HEALTH AND NUTRITION

#### NATIONAL HEALTH MISSION

The National Health Mission (NHM) encompasses its two Sub-Missions, the National Rural Health Mission (NRHM) and the National Urban Health Mission (NUHM). The main programmatic components include Health System Strengthening, Reproductive-Maternal- Neonatal-Child and Adolescent Health (RMNCH+A), and Communicable and Non-Communicable Diseases. The NHM envisages achievement of universal access to equitable, affordable & quality health care services that are accountable and responsive to people's needs.

#### NHM has six financing components:

(i) NRHM-RCH Flexipool,

- (ii) NUHM Flexipool,
- (iii) Flexible pool for Communicable disease,
- (iv) Flexible pool for Non communicable
- disease including Injury and Trauma,
- (v) Infrastructure Maintenance and
- (vi) Family Welfare Central Sector component.

#### INTEGRATED CHILD DEVELOPMENT

Integrated Child Development Services (ICDS) Scheme is one of the flagship programmes of the Government of India and represents one of the world's largest and unique programmes for early childhood care and development.

The beneficiaries under the Scheme are children in the age group of 0-6 years, pregnant women and lactating mothers. Objectives of the Scheme are:

1. To improve the nutritional and health status of children in the age-group 0-6 years;

2. To lay the foundation for proper psychological, physical and social development of the child;

3. To reduce the incidence of mortality, morbidity, malnutrition and school dropout;

4. To achieve effective co-ordination of policy and implementation amongst the various departments to promote child development;

5. To enhance the capability of the mother to look after the normal health and nutritional needs of the child through proper nutrition and health education.

#### POSHAN ABHIYAAN

The Prime Minister's Overarching Scheme for Holistic Nutrition (POSHAN) Abhiyaan or National Nutrition Mission is one of the India's flagship programmes to improve nutritional outcomes for children, adolescents, pregnant women and lactating mothers by leveraging technology, a targeted approach and convergence. It aims to build a people's movement (Jan Andolan) around malnutrition.

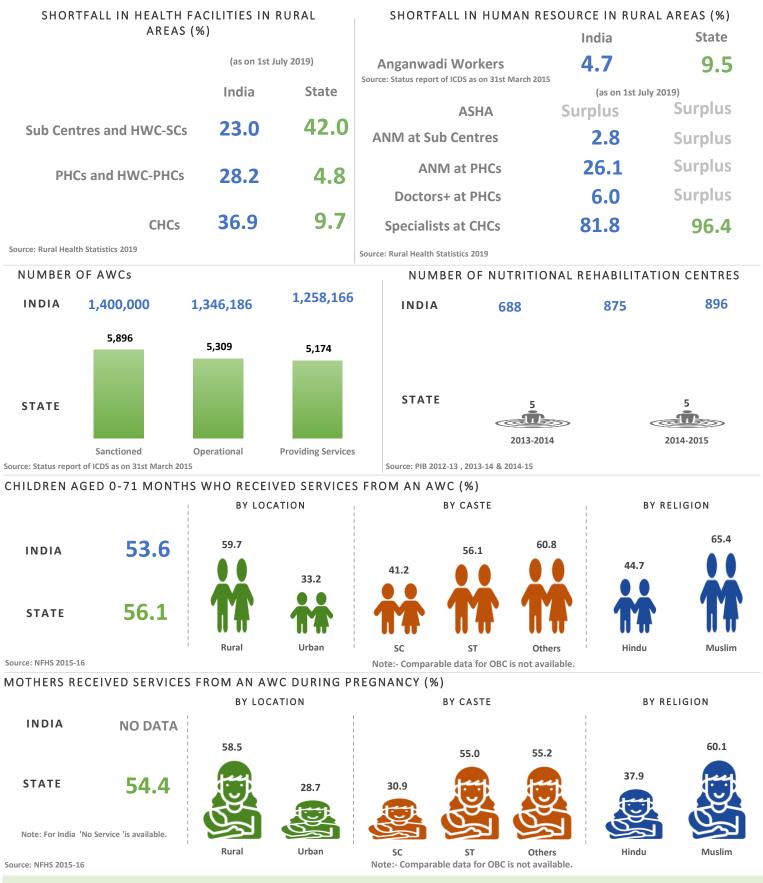
#### **Key Strategies**

For implementation of POSHAN Abhiyaan the mission adopts a four point strategy:

1. Inter-sectoral convergence for better service delivery

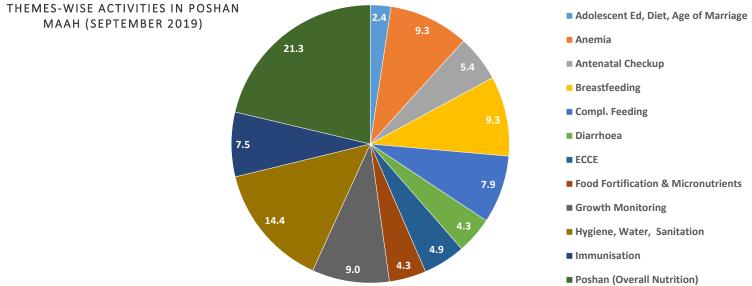
 Use of technology (ICT) for real time growth monitoring and tracking of women and children
 Intensified health and nutrition services for the first 1000 days

Jan Andolan



The state has shortfall of all categories of health facilities, however the shortfall is more acute at the primary level – Sub-centres – which is the primary
point of healthcare contact for the rural people.

 The shortfall of specialists at CHC is more than 96% for the state signifying that despite having health facilities, people might not be able to avail its benefit owing to lack of specialists.

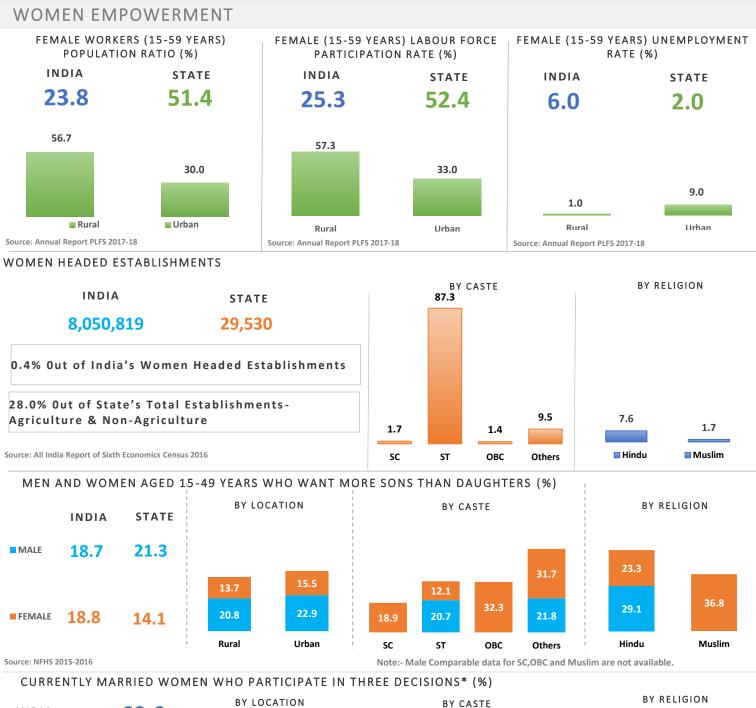


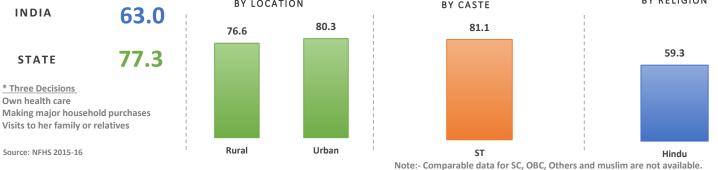
Source: http://dashboard.poshanabhiyaan.gov.in/janandolan/#/

# CONTRIBUTION OF ACTIVITIES IN POSHAN MAAH (SEPTEMBER 2019)

Activity type	State Value (%)	India Value (%)
Home Visits	25.5	14.4
Anemia Camp	3.1	1.5
CBE-Community Based Events (ICDS)	4.5	22.3
Community Radio Activities	0.3	0.3
Cooperative/Federation	0.0	0.2
Cycle Rally	0.1	0.3
DAY-NRLM SHG Meet	1.5	1.9
Defeat Diarrhoea Campaign (D2)	0.0	No Data
Farmer Club Meeting	0.1	0.2
Haat Bazaar Activities	0.2	0.4
Harvest Festival	0.0	0.2
Local Leader Meeting	0.9	0.5
Nukkad natak/Folk Shows	0.2	0.4
Other Activities	24.8	34.7
Panchayat Meeting	1.1	1.0
Poshan Mela	2.7	8.2
Poshan Rally	2.7	2.6
Poshan Walk	1.3	1.5
Poshan Workshop/Seminar	3.8	4.1
Prabhat Faree	1.4	1.1
Providing Water to the Toilets	0.1	0.3
Safe Drinking Water in Anganwadi Centres	1.0	0.7
Safe Drinking Water in Schools	0.2	0.2
School Based Activities	5.9	2.9
VHSND	18.2	No Data
Youth Group Meeting	0.2	No Data

Source: http://dashboard.poshanabhiyaan.gov.in/janandolan/#/

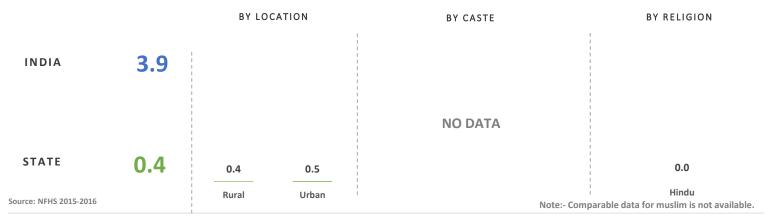




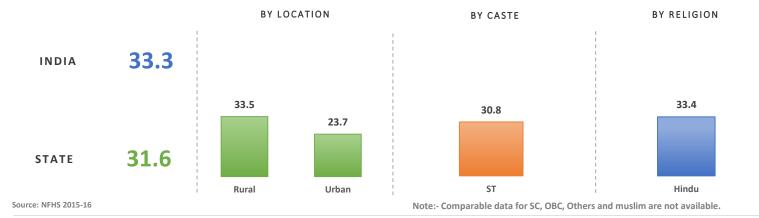
• The state has around 52% of women in its labour force. And this consists of both currently employed and unemployed women signifying the proportion of active employed women to be further less.

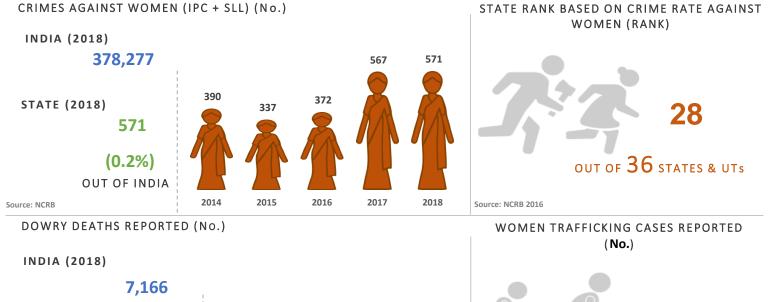
Meghalaya has only 0.4% of women headed establishments in the country, with this being held primarily by the Scheduled caste community.

### WOMEN WHO HAVE EXPERIENCED VIOLENCE DURING ANY PREGNANCY (%)

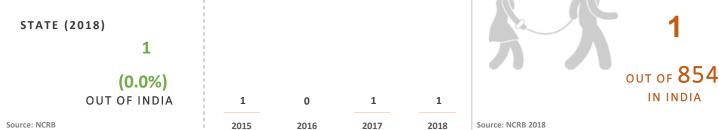


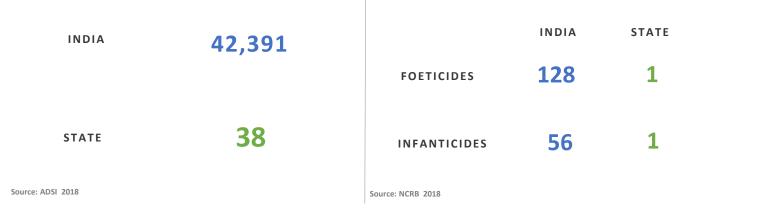
WOMEN WHO HAVE EVER EXPERIENCED EMOTIONAL, PHYSICAL OR SEXUAL VIOLENCE COMMITTED BY THEIR HUSBAND (%)





IN INDIA





- The state has less incidence of violence against women than the country figure, however the rate is still in the rural areas.
- Meghalaya ranks 28th in India regarding rate of crime against women which is definitely praiseworthy. However, there has been an increasing trend in the crime rate since 2016.

# GOVERNMENT FLAGSHIP PROGRAMMES FOR WOMEN EMPOWERMENT

NATIONAL RURA	L LIVELIHOOD MISSION	BETI BACHAO BETI PADHAO			
<ul> <li>What is NRLM</li> <li>Govt. of India established Natic June 2010 to implement the ne around community based institut</li> <li>Mission's primary objective is to and gainful self-employment a sustainable increase in incomes.</li> <li>To achieve the desired goal of th of financial resource and techr could use the comprehensive finter-related tasks. These tasks a</li> <li>Mobilizing all rural, poor ho (SHGs) and their federations;</li> <li>Enhancing access of the ru technical and marketing services</li> <li>Building capacities and skills livelihoods; and</li> <li>Improving the delivery of soc poor.</li> </ul>	w strategy of poverty alleviations. reduce poverty by promoting of and wage employment opportu- me mission, NRLM provides a con- nical assistance to states such ivelihoods approach encompas- re: useholds into effective self-he ral poor to credit and other ; of the poor <b>for gainful and su</b>	on woven diversified unities for mbination that they ssing four lp groups financial, ustainable	<ul> <li>Beti Bachao, Beti Padhao is a campaign of the Government of India that aims to generate awareness and improve the efficiency of welfare services intended for girls in India.</li> <li>The Overall Goal of the Beti Bachao Beti Padhao (BBBP) Scheme is to celebrate the girl child and enable her education. The objectives of the Scheme are as under: <ol> <li>To prevent gender biased sex selective elimination</li> <li>To ensure survival and protection of the girl child</li> <li>To ensure education and participation of the girl child</li> </ol> </li> <li>Strategies employed to successfully carry out the scheme are: <ol> <li>Implement a sustained social mobilization and communication campaign to create equal value for the girl child and promote her education.</li> </ol> </li> <li>Place the issue of decline in child sex ratio/sex ratio at birth in public discourse, improvement of which would be an indicator for good governance.</li> <li>Focus on gender critical districts and cities.</li> </ul>		
TOTAL SHGS FORMED	SHGS HAVING BANK ACCOUNT* (%)		VING CREDIT KED (%)	TOTAL VILLAGE ORGANIZATIONS FORMED	TOTAL CLUSTER LEVEL FEDERATIONS

21,993

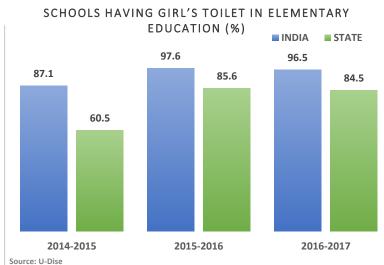
66.8

**NO DATA** 

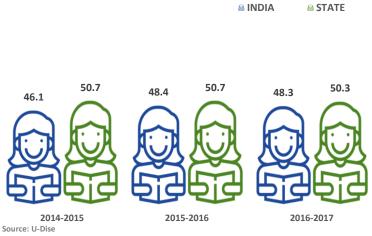
1,049

0

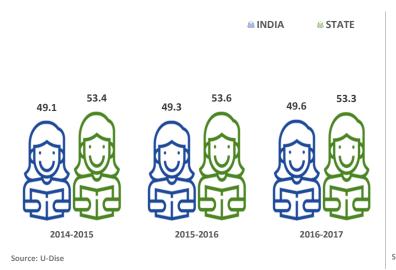
Source:- Website Of Deen Dayal Antyodaya Yojana - National Livelihoods Mission (NRLM), as on 4th May 2020



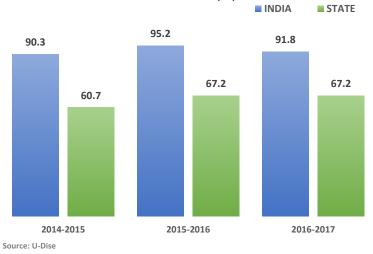
### GIRLS ENROLMENT IN ELEMENTARY EDUCATION (%)



GIRLS ENROLMENT IN SECONDARY EDUCATION (%)



SCHOOLS HAVING GIRL'S TOILET IN SECONDARY EDUCATION (%)



About 43% of the SHGs in Meghalaya are still left to establish some kind of bank linkage.

• There has been almost no improvement in girls' enrolment in both elementary and secondary level for Meghalaya as well as for the entire country since 2014 to 2017. However, toilets being one of the major contributors for improving girl's enrolment has shown an increase for the state between 2015 and 2016.