# BIHAR FACTSHEET 2020



DEVELOPED BY:



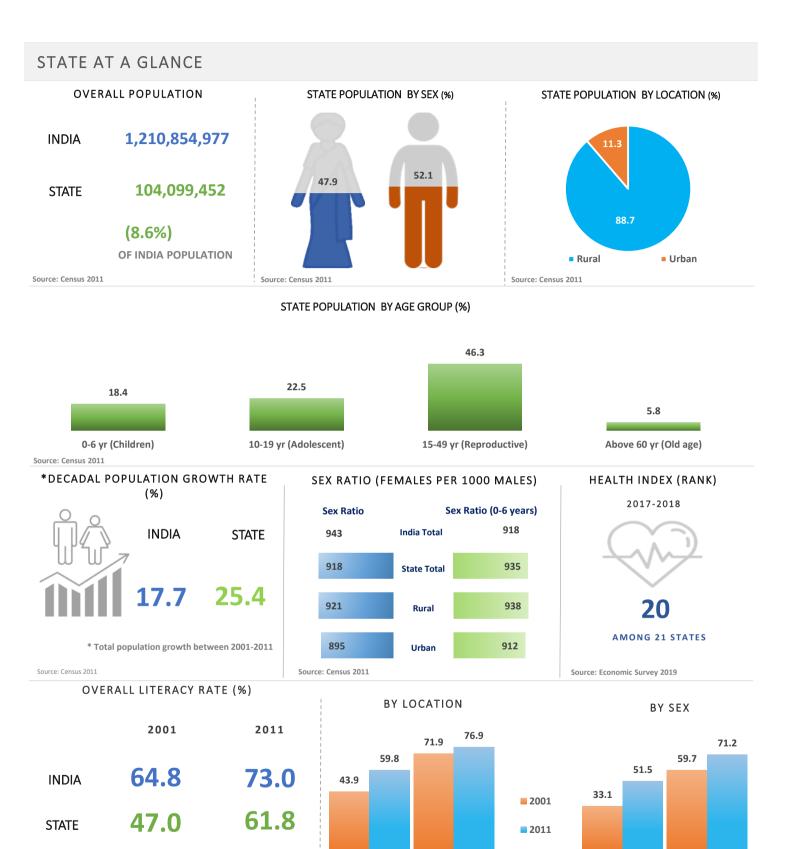
THE SECRETARIAT OF NATIONAL COALITION OF CIVIL SOCIETY ORGANIZATIONS

# BACKDROP

In India the civil society organizations have been experimenting and developing various community participation models but mostly its spread has been limited and operations remained in silos because of lack of platforms and alliances to highlight their works. Therefore, Oxfam India has set a national coalition for civil society organizations from 15 states in the country to bring certain macro-level changes that can help to achieve the envisaged health, nutrition and women's economic empowerment outcomes through a common platform. It is believed that this platform will give a collective voice to the people and has the capacity to negotiate and influence the state for the necessary integration of health, nutrition and gender under the government flagship programmes like NRLM, NHM, ICDS and others. Oxfam India acts as an interim Secretariat for this coalition at the national level to provide necessary support for its effective functioning. As the thematic areas of work of this coalition are being looked through the lens of gender discrimination and social inclusion, emphasis is being given on Dalits, Adivasis and Muslims communities.

As evidence generation is one of the key strategies for functioning of this coalition, Oxfam India intended to develop a state factsheet for each of the target states to highlight health, nutrition and women empowerment related issues of the state.

Only the important indicators related to health, nutrition and women empowerment have been included in this factsheet and presentation of segregated data is limited to only locations (rural & urban), caste categories (SC, ST, OBC & Others) and religious groups (Hindus & Muslims). As data for other religious categories are not available for all indicators for all sources, only two religious groups have been considered for the present analysis.



Rural

Urban

Female

Male

Source: Census

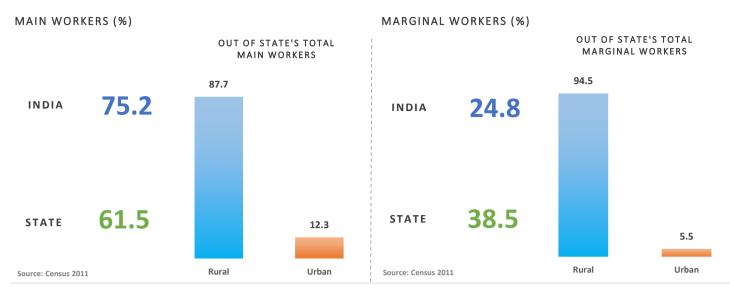
• Nearly 90% of Bihar's population lives in rural areas.

Bihar's decadal population growth rate is 8% more than India

• Sex ratio in urban areas is a matter of concern - both overall and for children

• Bihar fares well in comparison to national total in child sex ratio by 17 points

• The state stands second from bottom in health index rank.



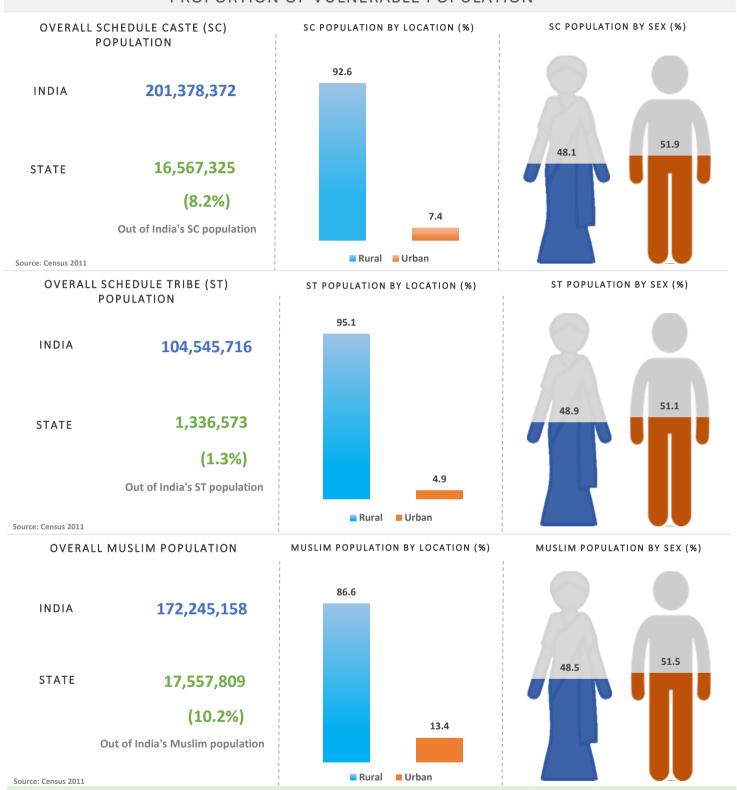
ASPIRATIONAL DISTRICTS OF STATE WITH THEIR RANKS AS PER BASELINE\* CONDUCTED IN 2018

Name of the Districts	Composite Rank	Health Rank	Education Rank	Agriculture Rank	Financial Inclusion Rank	Skill Development Rank	Basic Infrastructure Rank
1. Araria	91	76	90	48	65	85	85
2. Aurangabad	52	63	48	27	30	68	91
3. Banka	82	77	79	39	71	95	92
4. Begusarai	43	48	46	10	11	84	95
5. Gaya	54	80	78	18	44	37	46
6. Jamui	72	46	71	11	62	55	100
7. Katihar	89	71	95	33	59	34	87
8. Khagaria	80	35	85	51	38	90	98
9. Muzaffarpur	46	86	41	19	26	41	74
10. Nawada	63	70	62	38	36	75	83
11. Purnia	85	58	93	44	35	53	57
12. Sheikhpura	58	67	76	28	58	10	66
13. Sitamarhi	78	73	84	46	83	72	51
Source: Niti Aayog					TOP 20 IN INDI	A BOTT	OM 20 IN INDIA

\*Total 115 districts have been identified as Aspirational Districts in India. But the ranks given in the table are based on the baseline conducted by NITI Aayog in 2018 for 101 Aspirational Districts only.

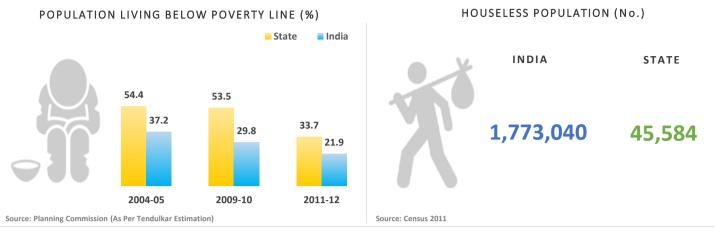
• Bihar has less main workers and more marginal workers in comparison to India, reflective of poor employment opportunities in the state.

• Five districts in Bihar fall in the bottom 20 aspirational districts of India, when scored for composite ranking. On segregation, it is found that the state fares somewhat well in agriculture.

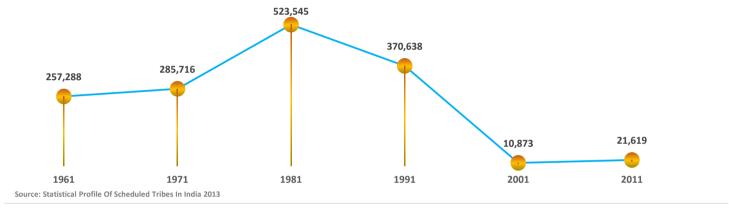


Scheduled castes, Scheduled Tribes and Muslims contribute to 15.9%, 1.3%, 16.8% respectively of the total state population, reflecting the major contribution of SC and Muslim groups.

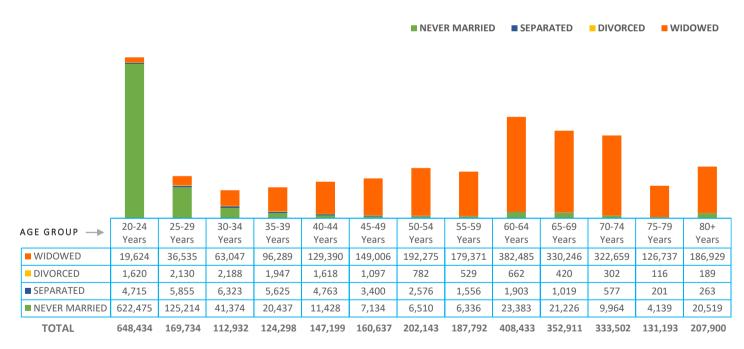
## PROPORTION OF VULNERABLE POPULATION



NUMBER OF PARTICULARLY VULNERABLE TRIBAL GROUPS (No.)



AGE-WISE DISTRIBUTION OF SINGLE WOMEN (No.)

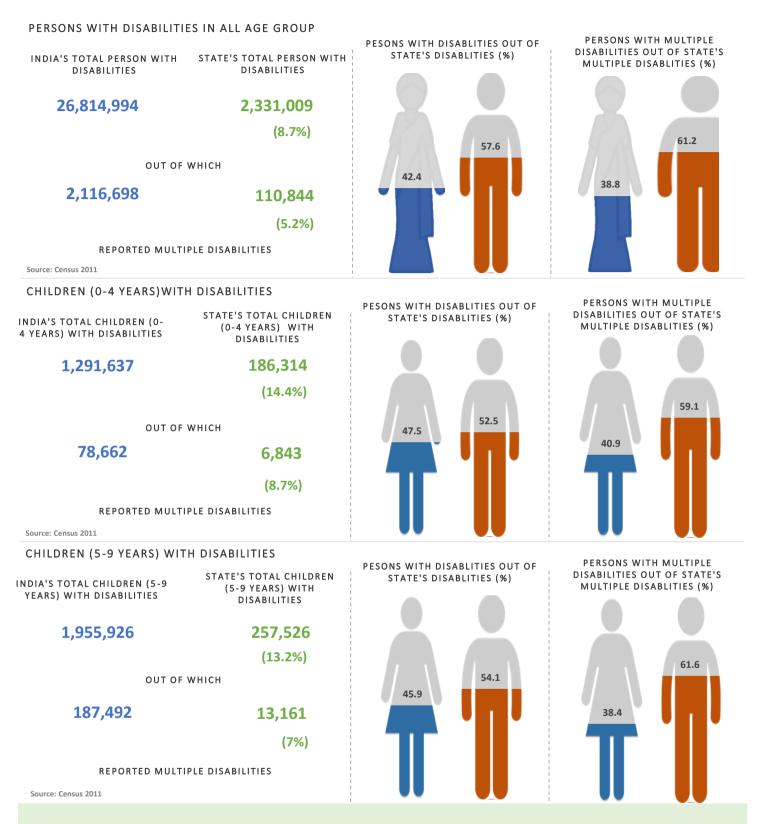


Source: Census 2011

There is a reduction of more than 20 percentile points in the state's BPL population between 2004-05 and 2011-12.

In the last three decades, there has been a severe depletion in the state's PVTG population, coming down from 5 lakhs to as I ow as 20 thousand in 2011.

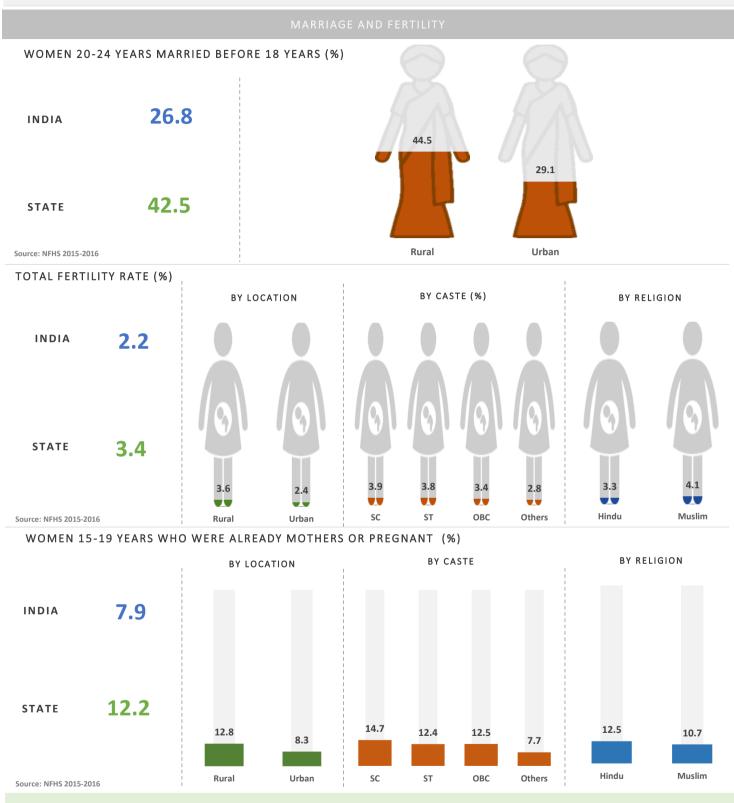
Nearly 14 lakh women aged 60 years and above are single in the state which depicts their vulnerability in terms of both age and social security.



Out of total disabilities, 16% of the children aged 0-9 years are living with disabilities in Bihar.

Across age-groups, more males are found to be living with disabilities than their female counterparts.

# HEALTH AND NUTRITION

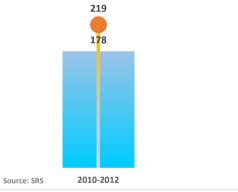


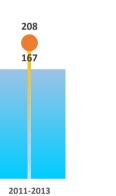
• More than 40% girls living in rural Bihar get married before they turn 18.

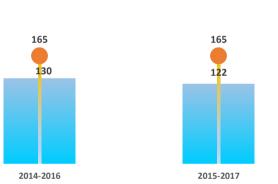
• High rate (15%) of teenage pregnancies among SCs

The state records a higher rate of TFR in comparison to the national total with Muslims recording the maximum (4.1%).

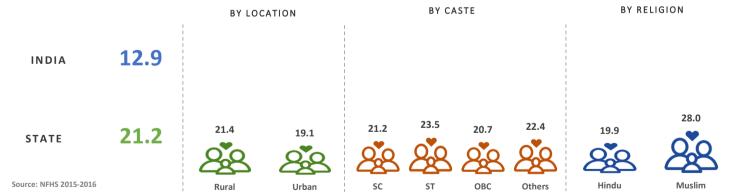








CURRENTLY MARRIED WOMEN AGED 15-49 WITH UNMET NEED \* FOR FAMILY PLANNING (%)



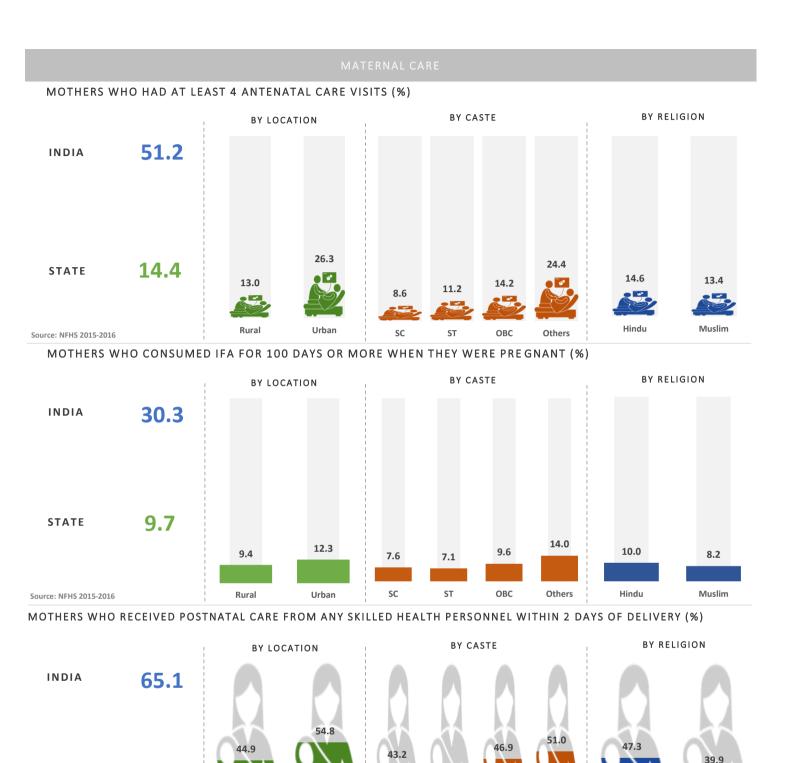
\* Unmet need for family planning is defined as the percentage of currently married women who either want to space their next birth or stop childbearing entirely, but are not using contraception.

· High Child mortality rates (neonatal, infant and under-5) in rural areas and among scheduled caste population in Bihar

Mortality rates (both maternal and child) in Bihar are much higher in comparison to country figures.

• While the country has not witnessed any change in its maternal mortality rate since 2014, Bihar recorded a change of 8 points between 2014 to 2017, signifying improvement.

Prevalence of high unmet need among Muslim women signifying poor access to contraceptive measures. Also need to remember that TFR is also high among Muslims
in the state.



29

ST

OBC

Others

SC

Muslim

Hindu

The state shows low utilization of antenatal care services among all women and postnatal care services especially among ST's.

Rural

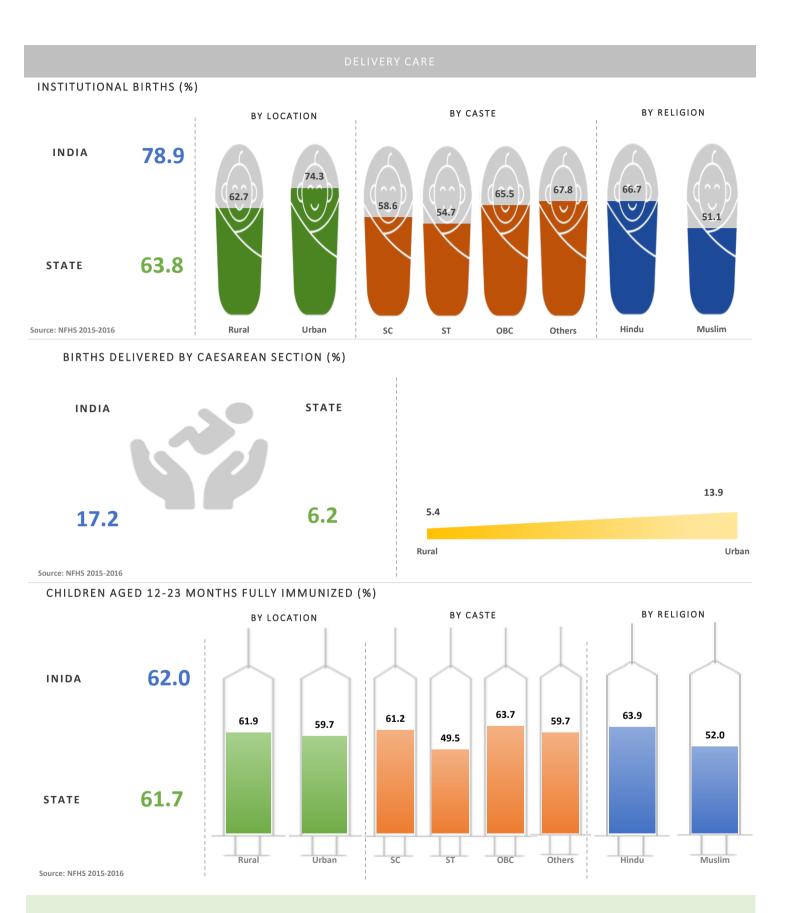
45.9

STATE

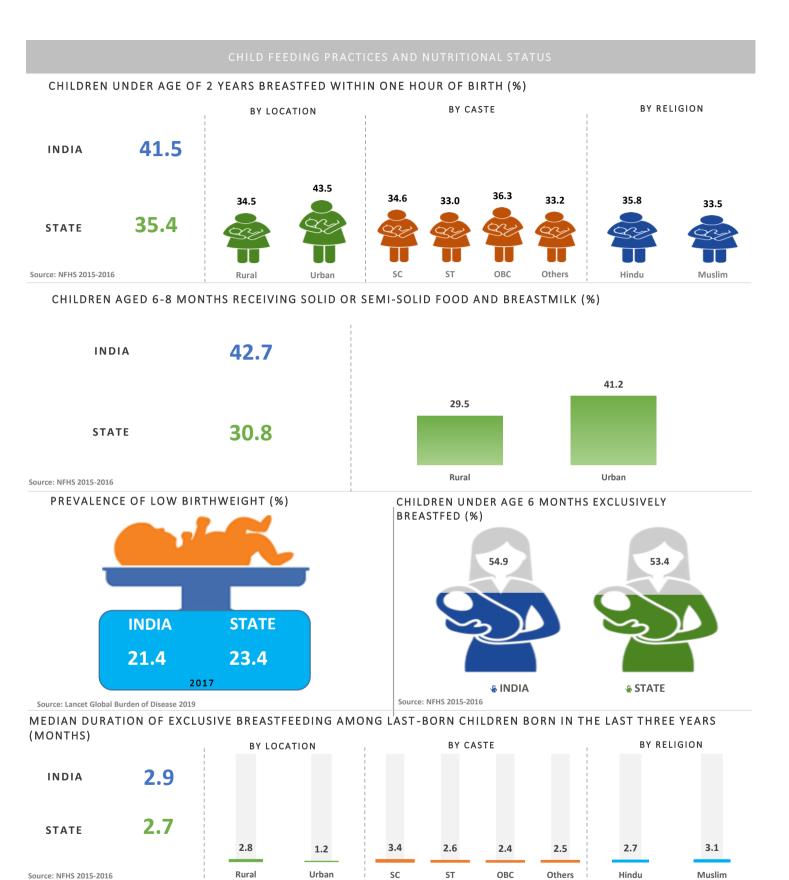
Source: NFHS 2015-2016

Extreme low consumption rate of IFA tablets during pregnancy, with the state recording a meagre 9% in comparison to a national total of 30%.

Urban



Both institutional delivery and immunization is a concern among Scheduled Tribe population.

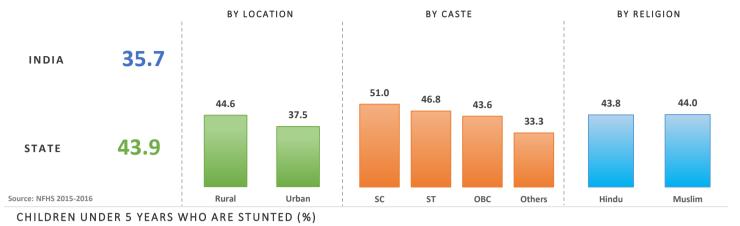


Source: NFHS 2015-2016

The country and Bihar shows low rate in early initiation of breastfeeding, with only 35% of the mothers in the state, breast-feeding their babies within one hour of birth

While half of the state's children are exclusively breastfed yet data for median duration of exclusive breastfeeding comes to only around 3 months for each child instead of the stipulated 6 months of compulsory exclusive feeding.

#### CHILDREN UNDER 5 YEARS WHO ARE UNDERWEIGHT (%)

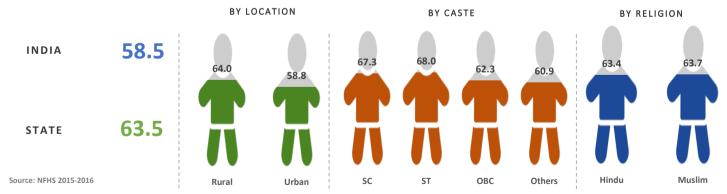




Rural CHILDREN AGE 6-59 MONTHS WHO ARE ANAEMIC (<11.0 G/DL)(%)

Urban

Source: NFHS 2015-2016



SC

ST

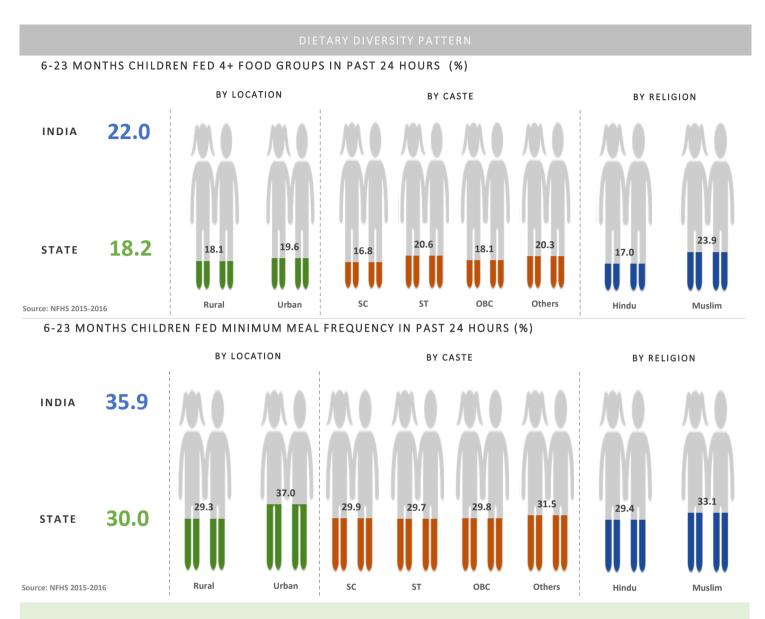
OBC

Others

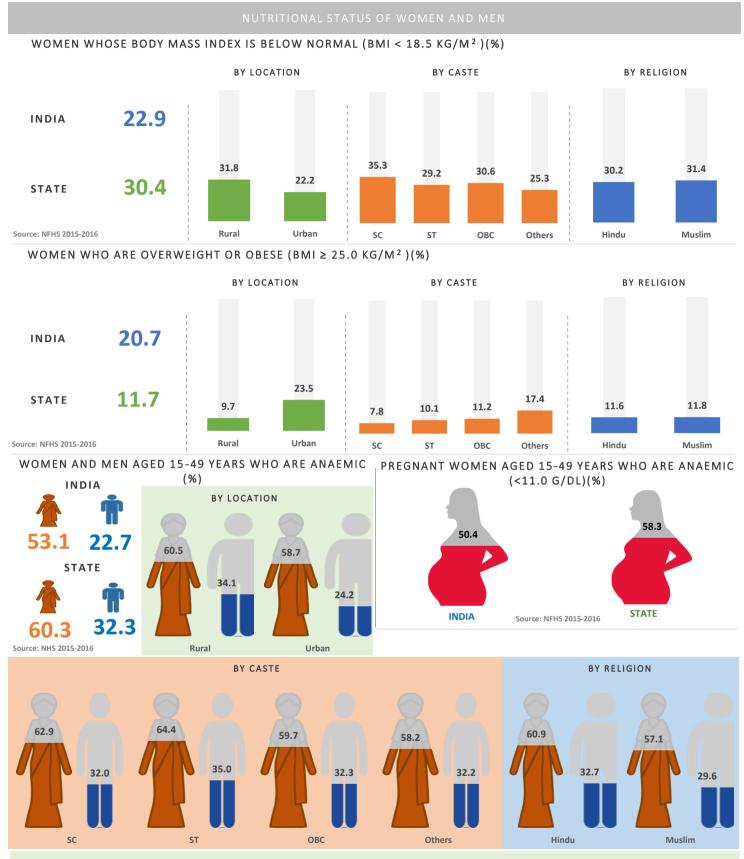
Hindu

Muslim

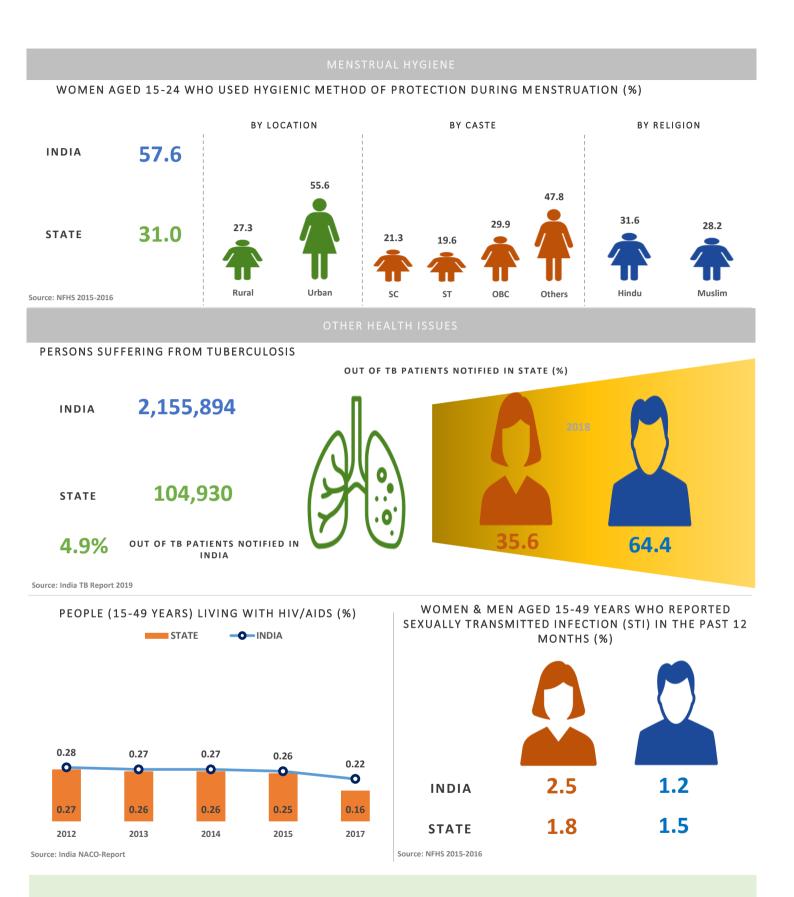
While the state fares very badly in child stunting and underweight figures (48.3% & 43.9% respectively), the prevalence of this is further high among the Scheduled caste community.



Only 18% of Bihar's children consume meals having 4 or more food groups. This can also be linked with the appalling level of malnutrition prevalent among the children in the state. Similar concern is with minimum meal frequency.

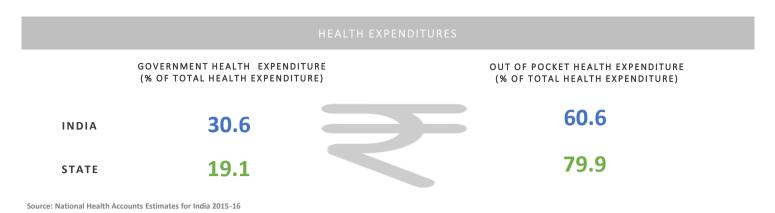


There is a higher proportion of women with below normal Body Mass Index (BMI) in rural areas and among scheduled caste communities.
 Anaemia is a major concern both across the nation and state with around 60% of the women (pregnant and non-pregnant) with low haemoglobin count. In the previous section, it was found that anaemia is also prevalent among the children.

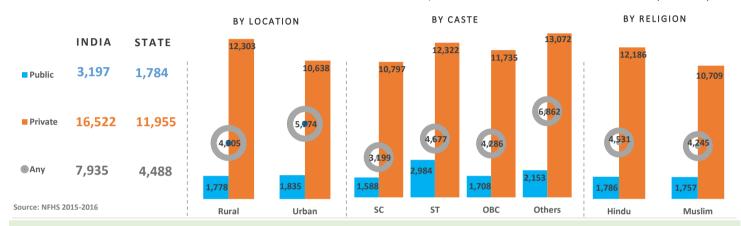


Prevalence of unsafe menstrual practices is a major concern in the state with around 70% having poor menstrual hygiene. This difference is particularly high among the rural and urban agglomerations and also across the social groups (SC, ST, OBCs fare lower than the others).

High prevalence of Tuberculosis among men is another concern.



#### AVERAGE OUT OF POCKET EXPENDITURE PER DELIVERY IN PUBLIC, PRIVATE AND ANY HEALTH FACILITY (RUPEES)



Government share in health expenditure is abysmal in both India and Bihar. However, Bihar fares lower with around 10% difference in comparison to the country.
With low government share in health expenditure, Bihar shows high out of pocket expense (80%). Moreover, while average expenditure for delivery in public health facilities is around Rs. 1700/- in Bihar, it is approximately Rs. 3000/- for the scheduled tribes.

## GOVERNMENT FLAGSHIP PROGRAMMES FOR HEALTH AND NUTRITION

#### NATIONAL HEALTH MISSION

The National Health Mission (NHM) encompasses its two Sub-Missions, the National Rural Health Mission (NRHM) and the National Urban Health Mission (NUHM). The main programmatic components include Health System Strengthening, Reproductive-Maternal- Neonatal-Child and Adolescent Health (RMNCH+A), and Communicable and Non-Communicable Diseases. The NHM envisages achievement of universal access to equitable, affordable & quality health care services that are accountable and responsive to people's needs.

### NHM has six financing components:

(i) NRHM-RCH Flexipool,

- (ii) NUHM Flexipool,
- (iii) Flexible pool for Communicable disease,
- (iv) Flexible pool for Non communicable
- disease including Injury and Trauma,
- (v) Infrastructure Maintenance and
- (vi) Family Welfare Central Sector component.

#### INTEGRATED CHILD DEVELOPMENT

Integrated Child Development Services (ICDS) Scheme is one of the flagship programmes of the Government of India and represents one of the world's largest and unique programmes for early childhood care and development.

The beneficiaries under the Scheme are children in the age group of 0-6 years, pregnant women and lactating mothers. Objectives of the Scheme are:

1. To improve the nutritional and health status of children in the age-group 0-6 years;

2. To lay the foundation for proper psychological, physical and social development of the child;

3. To reduce the incidence of mortality, morbidity, malnutrition and school dropout;

 To achieve effective co-ordination of policy and implementation amongst the various departments to promote child development;

5. To enhance the capability of the mother to look after the normal health and nutritional needs of the child through proper nutrition and health education.

#### POSHAN ABHIYAAN

The Prime Minister's Overarching Scheme for Holistic Nutrition (POSHAN) Abhiyaan or National Nutrition Mission is one of the India's flagship programmes to improve nutritional outcomes for children, adolescents, pregnant women and lactating mothers by leveraging technology, a targeted approach and convergence. It aims to build a people's movement (Jan Andolan) around malnutrition.

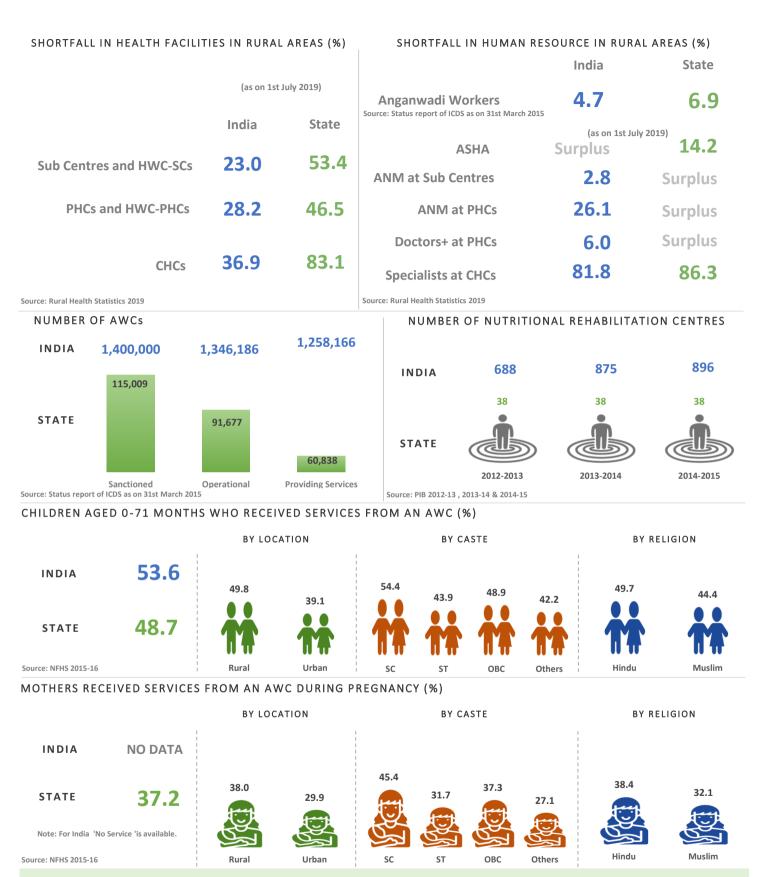
#### Key Strategies

For implementation of POSHAN Abhiyaan the mission adopts a four point strategy:

1. Inter-sectoral convergence for better service delivery

 Use of technology (ICT) for real time growth monitoring and tracking of women and children
 Intensified health and nutrition services for the first 1000 days

Jan Andolan

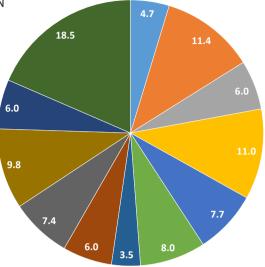


The state has a tremendous shortfall of primary health-care facilities, with a shortfall of more than 80% of CHCs which is the first point of contact for the people with
any health specialist. Consequently, there is also a shortfall of more than 85% specialists at the CHC level.

• While more than 20% of the sanctioned AWCs are not operational in the state, out of those operational more than 30% of the centres are not providing services.

• More than half of the state's children and nearly two-third of its pregnant women do not receive their entitled services like nutritious food etc. from AWC.

## THEMES-WISE ACTIVITIES IN POSHAN MAAH (SEPTEMBER 2019)



Adolescent Ed, Diet, Age of Marriage

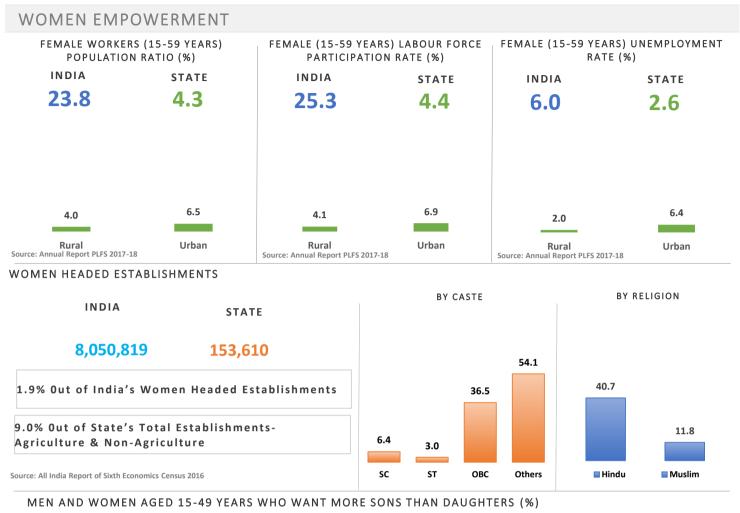
- Anemia
- Antenatal Checkup
- Breastfeeding
- Compl. Feeding
- Diarrhoea
- ECCE
- Food Fortification & Micronutrients
- Growth Monitoring
- Hygiene, Water, Sanitation
- Immunisation
- Poshan (Overall Nutrition)

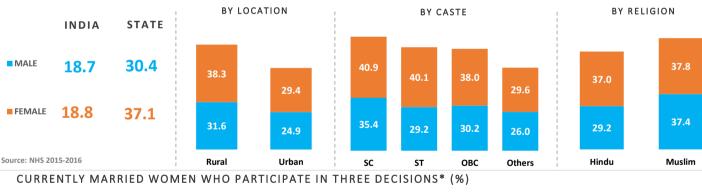
Source: http://dashboard.poshanabhiyaan.gov.in/janandolan/#/

## CONTRIBUTION OF ACTIVITIES IN POSHAN MAAH (SEPTEMBER 2019)

Activity type	State Value (%)	India Value (%)
Home Visits	64.6	14.4
Anemia Camp	2.0	1.5
CBE-Community Based Events (ICDS)	1.9	22.3
Community Radio Activities	0.4	0.3
Cooperative/Federation	0.4	0.2
Cycle Rally	0.7	0.3
DAY-NRLM SHG Meet	3.6	1.9
Defeat Diarrhoea Campaign (D2)	0.2	No Data
Farmer Club Meeting	0.5	0.2
Haat Bazaar Activities	0.4	0.4
Harvest Festival	0.1	0.2
Local Leader Meeting	0.5	0.5
Nukkad natak/Folk Shows	0.2	0.4
Other Activities	7.7	34.7
Panchayat Meeting	1.1	1.0
Poshan Mela	1.9	8.2
Poshan Rally	2.1	2.6
Poshan Walk	1.4	1.5
Poshan Workshop/Seminar	0.7	4.1
Prabhat Faree	1.5	1.1
Providing Water to the Toilets	0.3	0.3
Safe Drinking Water in Anganwadi Centres	1.0	0.7
Safe Drinking Water in Schools	0.5	0.2
School Based Activities	3.0	2.9
VHSND	2.6	No Data
Youth Group Meeting	0.7	No Data

Source: http://dashboard.poshanabhiyaan.gov.in/janandolan/#/



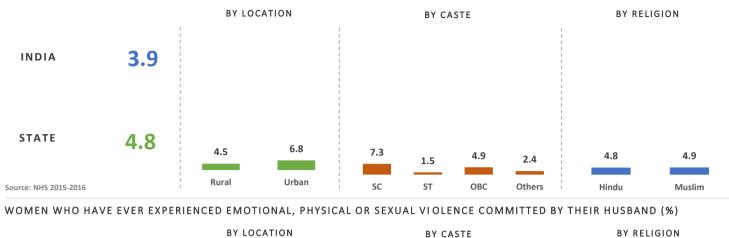




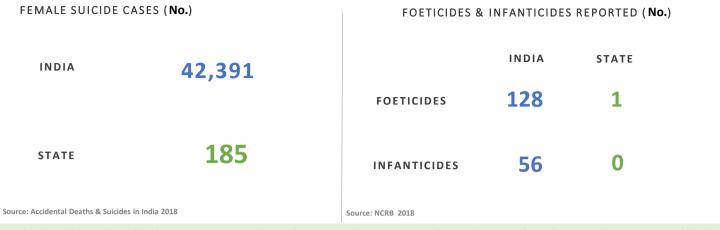
The state has less than 5% of women in its labour force. And this consists of both currently employed and unemployed women signifying the proportion of active employed women to be further less.

Bihar has only 1.9% of women headed establishments in the country, with SC, ST and Muslims contributing the least in this.









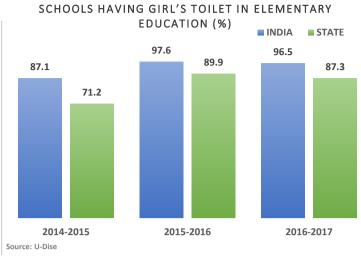
Bihar has a high incidence of violence against women with around every second woman woman in the state having an abusive hist ory. Further, proportion of Bihar's women experiencing violence is 12% more than the overall national figure.

There has been an increase of 26% in crime against women since 2016.

# GOVERNMENT FLAGSHIP PROGRAMMES FOR WOMEN EMPOWERMENT

NATIONAL RURAI	LIVELIHOOD MISSION		BETI BACHAO BETI PADHAO			
<ul> <li>What is NRLM</li> <li>Govt. of India established National Rural Livelihoods Mission (NRLM) in June 2010 to implement the new strategy of poverty alleviation woven around community based institutions.</li> <li>Mission's primary objective is to reduce poverty by promoting diversified and gainful self-employment and wage employment opportunities for sustainable increase in incomes.</li> <li>To achieve the desired goal of the mission, NRLM provides a combination of financial resource and technical assistance to states such that they could use the comprehensive livelihoods approach encompassing four inter-related tasks. These tasks are:</li> <li>Mobilizing all rural, poor households into effective self-help groups (SHGs) and their federations;</li> <li>Enhancing access of the rural poor to credit and other financial, technical and marketing services;</li> <li>Building capacities and skills of the poor for gainful and sustainable livelihoods; and</li> <li>Improving the delivery of social and economic support services to the poor.</li> </ul>			<ul> <li>Beti Bachao, Beti Padhao is a campaign of the Government of India that aims to generate awareness and improve the efficiency of welfare services intended for girls in India.</li> <li>The Overall Goal of the Beti Bachao Beti Padhao (BBBP) Scheme is to celebrate the girl child and enable her education. The objectives of the Scheme are as under: <ol> <li>To prevent gender biased sex selective elimination</li> <li>To ensure survival and protection of the girl child</li> <li>To ensure education and participation of the girl child</li> </ol> </li> <li>Strategies employed to successfully carry out the scheme are: <ol> <li>Implement a sustained social mobilization and communication campaign to create equal value for the girl child and promote her education.</li> </ol> </li> <li>Place the issue of decline in child sex ratio/sex ratio at birth in public discourse, improvement of which would be an indicator for good governance.</li> <li>Focus on gender critical districts and cities.</li> </ul>			
TOTAL SHGS FORMED	SHGS HAVING BANK ACCOUNT (%)		VING CREDIT KED (%)	TOTAL VILLAGE ORGANIZATIONS FORMED	TOTAL CLUSTER LEVEL FEDERATIONS FORMED	

Source: Jeevika dashboard accessed on 6th Mar 2020

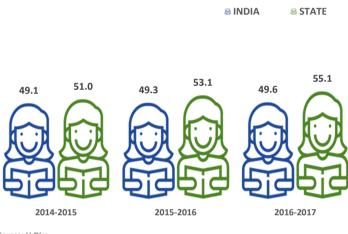


## GIRLS ENROLMENT IN ELEMENTARY EDUCATION (%)

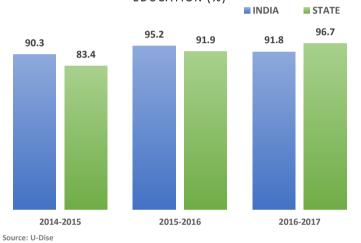
A STATE



GIRLS ENROLMENT IN SECONDARY EDUCATION (%)







Source: U-Dise

There has been almost no improvement in girls' enrolment in both elementary and secondary level for Bihar as well as for the entire country since 2014 to 2017. However, toilets being one of the major contributors for improving girl's enrolment has shown an improvement for both Bihar and India.